

LISA A. BARNWELL

Social Worker, Psychotherapist

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🌐 <http://www.thestoryinside.ca> 📍 Toronto, Ontario

TRAINING & CERTIFICATION

Clinical Supervision

Certificate of Professional Development:
Clinical Supervisor Training, Adler Faculty
of Continuing Education (Sept. 2022);
Adjunct Lecturer

Deep Brain Reorienting

DBR Level 1, 2, & 3, with Dr. Frank
Corrigan (Nov 2024-May 2025)

Internal Family Systems

IFS-Institute: Level 1 (Sept.2024-Jan. 2025)
& Stepping Stones, IFSCA (July 2021)

Hypnosis

Fundamentals of Clinical Hypnosis (ASCH
Level One), Wendy Lemke (Sept. 2023)

Ego State Therapy

Ego State Foundations, Wendy Lemke
(Oct. 2023)

Cognitive Behavioral Therapy

Essentials of CBT, Beck Institute (Jan.
2021)

Eye Movement Desensitization & Reprocessing

EMDR International Association
(EMDRIA), EMDR Certified Therapist (Sept.
2024)

Accelerated Resolution Therapy

Basic Accelerated Resolution Therapy
Training with the Rosenzweig Center for
Rapid Recovery (Oct. 2022)

Emotion Focused Therapy

Completion of Level One & Level Two,
York University, Psychology Clinic with
Leslie Greenberg, Ph.D., C.Psych (Aug.
2021 & Aug. 2022)

Emotionally Focused Couples Therapy

Which institution issued the certificate
and when?

Motivational Interviewing

Which institution issued the certificate
and when?

EXPERIENCE

Program Creator, Lead Therapist The Story Inside, Psychotherapy	2020 - Present Toronto, Canada
Professional Student Support Services, Social Worker, Child and Youth Therapist The Toronto District School Board	06/2014 - 06/2023 Toronto, Canada
Social Worker/Child and Family Therapist The Centre for Addiction and Mental Health	02/2010 - 08/2014 Toronto, Canada
Inpatient Social Worker, Schizophrenia, General Psychiatry and Acute Care The Centre for Addiction and Mental Health	02/2007 - 08/2010 Toronto, Canada



EDUCATION

Master of Social Work

Faculty of Social Work, the University
of Toronto
09/2002 - 11/2004 Toronto, Canada

Bachelor of Life Science in Psychology (Honours)

University of Toronto
09/1996 - 11/1999 Toronto, Canada

PROFESSIONAL AFFILIATIONS

- Ontario College of Social Workers and
Social Service Workers
- Ontario Association of Social Work
- EMDR International Association
- EMDR Canada
- Deep Brain Reorienting International
- Internal Family Systems Institute

NOMINATIONS & AWARDS

O.A.S.W. Central Ontario Regional Director

2014 - 2016
Nominated and elected to serve and
advocate for the regional interests of social
workers across Central Ontario

Social Sciences and Humanities Research Council

2003 - 2004
Awarded annually for one student at the
Faculty of Social Work for academic
excellence and original thesis research

EXPERIENCE

Family Group Conference Coordinator The Toronto Family Group Conferencing Project	03/2007 - 07/2010 Toronto, Canada
Social Worker/ Child and Family Therapist The George Hull Centre for Children and Families	01/2005 - 02/2007 Toronto, Canada
Day Treatment Therapist for Youth with Psychosis Central Toronto Youth Services	07/2004 - 12/2004 Toronto, Canada